

*Your Employee Assistance Program*

## **RAISING CHILDREN WITH SPECIAL NEEDS:** Resources and information for your family



### **FEATURES AVAILABLE**

- Confidential support services provided 24/7 via phone or Web
- Qualified Care Consultants available
- Special needs resources and assistance in your area
- Articles and tip sheets on parenting, education, and other topics related to children with special needs
- Information on school programs and respite services
- Referrals to support groups and advocacy organizations



Raising a child with special needs can create added challenges for you and your family. In addition to the day-to-day tasks of parenting, you need knowledge and support so you can make informed decisions about what is best for your child.

Your Employee Assistance Program can help with information and referrals to assist you in raising your special needs child.

**TOLL-FREE: 800-346-0110**

**TTY/TTD: 877-845-6465**

**WEBSITE: [www.inova.org/eap](http://www.inova.org/eap)**



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**Employee Assistance**